

Summer - activity program



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
<p>08.00 a.m. "Fit in the day" Nordic Walking for beginners or intermediate duration approx. 1 hour meeting point at the reception</p>	<p>08.00 a.m. "Stretching" duration approx. 1 hour meeting point at the reception</p>	<p>07.00 a.m. "breakfast on the mountains" "Böglalm" walking distance approx. 90 minutes return approx at 9.30 a.m. meeting point at the reception</p>	<p>08.00 a.m. "Fit in the day" Nordic Walking for beginners and intermediate duration approx. 1 hour meeting point at the reception</p>	<p>08.00 a.m. "Meditation" approx. 1 hour meeting point at he reception</p>	<p>08.00 a.m. "Alp hiking" approx. 4 hours meeting point at the reception</p>
	<p>09.00 a.m. E- BIKE TEST short driving test with our e-bikes meeting point at the reception</p>	<p>11.00 a.m. "E-Bike Tour" duration approx. 2 hours Bike rental: € 15,00 (incl. helmet)</p> 	<p>9.00 a.m "Kids Paragliding" 50€ per per. from 4-14 y. approx 2 hours meeting point at the reception</p>	<p>09.30 a.m. "Mountainbike Tour" approx 2 hours bike rental: € 10,00 (incl. helmet) meeting point at he reception</p>	<p>2.00 p.m. High roap garden approx 3 hours Adults: €38 Kids. €25 mind. 1,30 m</p>
	<p>1.00 p.m. Basics pricipals for Alpine hiking duration approx 1 hour meeting point at the reception</p>		<p>11.00 a.m. "SEGWAY TOUR" duration approx. 2 hours Euro 55.00 for person minimal weight 35 Kg meeting point at the reception</p>	<p>2.30 p.m. Introduction for climbing and roping approx. 2 hour meeting point at the reception</p>	<p>9.30 a.m. "Family hiking" please bring with you: lunch raincoat, good shoes return approx. 2 p.m.</p>
<p>We wish you pleasant start into the week :-)</p>	<p>2.30 p.m "Learn how to make fire" approx 2 hours meeting point at the reception</p>	<p>2.30 p.m. Introduction for climbing and roping approx. 2 hour meeting point at the reception</p>	<p>2.30 p.m. "Archery" approx. 2 hours € 14,00 per person meeting point at the reception</p>	<p>1.00 p.m. "Family hike" Tiefenbach Klamm approx. 1.30 hour per way</p>	<p>9.00 p.m Mermaidswimming for kids from 12 y. meeting point: 7Heaven</p>
	<p>7.00 p.m. "Crazy Magic Show" with Dino Dorado in theGaltiplexx afterwards show time from table to table at the Lobby</p>	<p>9.00 p.m midnight swim Family spa: till 10.30 p.m 7heaven: till 12.00 p.m</p>	<p>9.00 p.m romantic torch walk approx 1 hour meeting point at the reception</p>	<p>9.00 p.m Mermaid swimming for kids from 8 to 12 y. meeting point at the 7Heaven</p>	<p>9.00 p.m Bar Hopping to Alpbach meet at the reception</p> 

Dear guests: Please note, that you must be registered for our activities the evening before in the booking list at the reception!